

# Impression:Imaging

## CT•PET•CTA

### PET Patient Instructions

- 1) The PET/CT exam is painless with no side effects.
- 2) If possible, you should be fasting (Nothing by mouth) after midnight but for at least 6 hours (water only). No chewing gum allowed. Candies and even glucose syrup based medications such as cough preparations are also not allowed.
- 3) High protein low carb diet and No sugar the night before.
- 4) You should be well hydrated with water on the day of the test.
- 5) You should not exercise strenuously on the day before or on the day of the test.
- 6) If your test is in the afternoon, then meal 6 hours before exam should be light eggs or meat and light vegetables. No carbs and No sugar.