

# Impression:Imaging

## CT•PET•CTA

### Diabetic PET Patient Instructions

1) Are you diabetic?

a) "No"... continue to #2

b) "Yes"...

Diabetic patients should not take diabetic medication prior to exam  
(all other medication(s) can be taken)\*\*\*\*\*

i. Are you on oral medication(s) or insulin?

1) List all \_\_\_\_\_

2) What time do you take your insulin?

3) What time do you take you oral medication(s)?

ii. What are your Fasting Blood Sugars over the past week?

iii. What time of day is your blood sugar most normal?

iv. Contact your treating physician to obtain records of the patients Fasting Blood Sugars & Hemoglobin HAIC

1) If 140 or OVER you must give all pertinent info to your physician ASAP after scheduling so that he may follow-up.

2) In diabetics, reasonable control is imperative. For patients with less stable glucose levels, aim for blood glucose at the time of the test to be below 200mg/dl.

2) PET scan is completely painless with no side effects.

3) If possible, you should be fasting (nothing by mouth) after midnight, but for at least 6 hours (water only). No chewing gum allowed. Candies and even glucose syrup based medications such as cough preparations are also not allowed.

4) High protein low carb diet and No sugar the night before.

5) You should be well hydrated with water on the day of the test.

6) You should not exercise strenuously on the day before or on the day of the test.

7) If your test is in the afternoon, then meal 6 hours before exam should be light (eggs or meat) and light vegetables. NO CARBS AND NO SUGAR.

\*\*\*\*\*No short acting insulin, if possible, on the day of the test.

No long acting insulin for at least 12 hours prior to the study.